

# ECHOES OF ANGELS

Rooted in the Gospel of Jesus Christ...

## Bullies Not Buddies

Please plan to attend the Parent/Family Seminar led by Jodee Blanco on Wednesday, October 24 at Aurora Central Catholic High School from 6:30 - 8:00 PM. As a survivor of bullying, her presentation is both engaging and informative.

## Seraphim Ball

Tickets are on sale throughout the month of October at a reduced rate for our annual Seraphim Ball. Tickets are regularly \$100 per person but can be purchased through October for \$75 - a \$25 savings per person! Standard ticket prices will apply after October, so purchase your tickets now while you still can at this reduced rate. To purchase tickets, visit <https://aesbid.com/ELP/SERAPHIM19/> or contact Cathy Medernach at 630-241-2284 or [sandcat86@yahoo.com](mailto:sandcat86@yahoo.com). Please plan to join us at the best fundraiser of the year!



## Grow Your Mindset

We used to think that our intelligence was fixed - meaning we were either smart or we weren't. Scientists have proven again and again that simply is not true. Our brain acts like a muscle - the more we use it, the stronger (and smarter) our brain becomes.

A person with a fixed mindset may do these things: avoid challenges, give up easily, ignore feedback, become threatened by other people's success, or try hard to appear as smart or capable as possible. A person with a growth mindset may do these things: embrace challenges, give their best effort, learn from feedback, become inspired by other people's successes, or believe their intelligence can change if they work hard.

The topic of growth mindset is the focal point of this year's





## Lest We Forget

It has become a tradition at Holy Angels to honor our brave veteran at an all-school assembly. This year we will honor them on Friday, November 9 at 10:00. We would like to also include any pictures of family members who have served in the armed forces in a short video presentation. ALL PICTURES MUST BE IN A DIGITAL FORMAT. Please e-mail [sgurbal@holyanangelsschool.net](mailto:sgurbal@holyanangelsschool.net) by November 2 with the family member's name and branch of service so we can include them in the presentation. Unfortunately, we cannot honor late requests.

## Family Bingo Night

HSA is still accepting donations of gently used toys for our upcoming Family Bingo Night on Friday, October 26. There are bins located throughout the school.

## Socktober

Leading the school with over 200 pairs of donated socks is Mrs. Catich's second graders. Please help support the efforts of 5th graders by sending in new socks for Socktober.

teachers' professional development. As a staff, we have learned about growth mindset and ways that we can help our students embrace a growth mindset as they learn new concepts. Pictured above are several of our teachers learning more about growth mindset. Our facilitator for this workshop yesterday was Melissa Crisci. Melissa is an instructional coach for the Plano School District and the proud mother of Aiden, Wally, and Henry. We are so grateful that she shared her insights and expertise with us.

## Pumpkin Picassos

The KIDS Club will again be sponsoring their pumpkin decorating contest this year. Students are invited to decorate a prettiest, funniest, or most creative pumpkin to showcase in our school lobby from October 22-26. No carving is allowed. Students may use props, paint, stickers, glue, and other art materials to decorate their pumpkins. Pumpkins cannot be blood, violent, or gruesome. The cost to enter is \$1 and prizes will be awarded. All proceeds benefit future KIDS Club service projects. Plan to stop in next week to see these pumpkin Picassos.

## A Haunting We Will Go

The 8th grade class is sponsoring a *Help the Homeless Haunted House* in response to reading the story "Homeless" by Anna Quindlen. They were moved by the theme of this story to do something for those less fortunate than themselves. After brainstorming various ideas, they decided to create a fun activity for PK - 4th grade students. Groups of 8th graders were responsible for designing, building, marketing, public speaking, and baking for this cross-curricular project. On October 30, from 4-6 PM they will showcase their efforts with a haunted house experience at Connor Hall. The entry fee will be \$1 per person and a \$5 cap for a family or you could also bring in a pack of new socks instead. The haunted house will be directed towards pre-k through 4th grade, but everyone is welcome. Spooky themed treats will be sold for \$1.00-\$2.00 All proceeds will be benefit HESD House. Please plan to join the 8th graders for this very worthwhile and incredibly creative activity to help the homeless.

## Parent Connection

Coming home today is the form for *Parent-Teacher Conferences*. Conferences will be held on Monday, November 19 and Tuesday, November 20 from 1 - 7 PM. These are early dismissal days and there is no bus service home at 11:30. There is no school on Wednesday, November 21. Scheduling 400 conferences is tricky and time-consuming, so please return the conference time request form by Wednesday, October 24. Without this form, you

will be assigned a conference time.

Conferences are 10 minutes in length and this is the only scheduled time in our school calendar to meet with parents to share important information about your child's progress. If you are unable to make this conference due to vacation plans, please refrain from requesting an alternative meeting time with a teacher. Before and after school time is their prime time to plan lessons which is why we have purposefully set aside these scheduled days for parent-teacher conferences. However, should a teacher need to meet with you about concerns, he/she will reach out to you via email.

With the exception of 7th and 8th graders who attend the conference with their parents, we kindly request that you make alternative childcare arrangements for your children. Preschool conferences will be held in the spring. If your child sees Mrs. Rybarski, please note this on the form and a separate conference will be scheduled with her. You only need to see specials teachers (Mrs. Gurbal, Mrs. Taylor, Mrs. Cella, or Ms. Wagner) if you feel that it is necessary. Again, please return the form by Wednesday, October 24 or a time slot will be assigned to you.

## Holy Angels Spirit Store

Spirit wear is available for purchase online until October 26. Check out <http://holyangelsspiritstore.itemorder.com> to order. Please note that only the Jerzees Youth 50% Cotton 50% Polyester sweatshirt (\$14) is approved uniform wear for everyday.

## Make the Grade

It is that time of year when we are beginning to work on report cards in Schoolspeak. The Schoolspeak system will be locked to parents beginning on Monday, October 22. It will be locked until report cards are released on Friday, November 2 at 3:00 PM. If you need your Schoolspeak password, please email Mrs. Gurbal ([sgurbal@holyangelsschool.net](mailto:sgurbal@holyangelsschool.net)) before noon on October 22. She is unable to access passwords once the system is locked. As a gentle reminder, your account will not be accessible if your account is not current. Once report cards are released, please do not hesitate to contact Mrs. Gurbal with any help that you may need.

## Chicago Steel

Holy Angels' choir has been invited to sing the National Anthem at the Chicago Steel Hockey game on November 4. Tickets to attend this event are \$12 with an optional meal ticket of \$6.50 that includes hot dog, chips, and pop from the concession stand. If you'd like to join in the fun, tickets can be purchased through the flyer that came home. All money is due to the office by October 31. Questions can be directed to Becky Barr at [beckyarbi@yahoo.com](mailto:beckyarbi@yahoo.com).

## Thanking a Teacher

Farmers Insurance promotes a special program called *Thank America's Teachers*. Not only does a teacher receive encouragement through the program but it also allows him/her a chance to submit a proposal for a classroom project grant for \$2,500. There is even a grand prize grant of \$100,000! Knowing our teachers, they would put this money to good use. If you'd like to thank one of your child's teachers and help them earn a special grant, please go to <https://www.farmers.com/thank-americas-teachers/thank-a-teacher/>.

## Pasta for Priesthood

The Knights of Columbus are sponsoring a pasta dinner to support priests, seminarians, and evangelization on Saturday, November 3 from 5:00-7:00 PM in Connor Hall. The cost is \$10 per person or \$25 per family which includes salad, bread, all-you-can-eat spaghetti, drink and dessert. You can eat in or carry-out.

## A Time to Heal

Mrs. Panizzi will be on medical leave starting Thursday, October 25. For any concerns that need her attention please direct them to [tforbes@holyangelschool.net](mailto:tforbes@holyangelschool.net) until further notice. Please keep her in your prayers for a speedy recovery from surgery.

## Next Week at a Glance

Monday -

Tuesday -

Wednesday -

Thursday -

Friday - Mass 8:15

End of First Quarter

Family Bingo Night 6:00

## *Bringing Home the Faith*

Ways to Help Your Child Attain a Growth Mindset

Talk with your child about his or her day, but guide the discussion by asking questions like: "Did you make a mistake today? What did you learn? What did you do that was difficult today?"

Praise the process. Instead of saying, "You're so smart!" praise effort, goal setting, persisting through challenges, or being creative. You can say something like, "Wow! You must have worked really hard on this!"

Encourage failure (say what?!). Your child needs to know that failure can (and often does) happen and it's okay! Remind her that each time she fails and tries again, her brain is growing stronger! Don't step in to prevent your child's failure - this is how she learns to persevere in the face of challenges.

The brain can grow. Remind your child that his or her intelligence is not fixed. Remind her that when things are difficult, her brain grows if she persists through the challenge. Each time she learns something new, her brain is making new connections. Your child needs to know this is possible.

Help them change their dialogue. The way your child talks to himself makes a huge impact on his mindset. If he says, "This is too hard!" help him change that to "I can't do this yet, but I will keep trying." Give him the words to say when he is feeling defeated by modeling it yourself.

"Whatever you do, work at it with all your heart, as though working for the Lord." Col 3:23

*Mass Times: Saturdays 4:30*  
*Sundays 6:45, 8:00 (Extraordinary Form, Latin, 1st & 3rd Sundays), 9:30, 11:00*

*Confession Times: Sunday after 9:30 Mass*  
*Tuesday after 8:00 Mass*  
*Wednesday 6:30 PM - 7:00 PM*  
*Friday after 6:30 AM Mass*  
*Saturday after 8:15 Mass and 3:15 PM - 4:00 PM*

### **Mission Statement**

Rooted in the Gospel of Jesus Christ, Holy Angels School is committed to spiritual formation, which nurtures the Catholic faith and inspires its practice. It is committed to academic excellence, which fosters the growth of each individual. Holy Angels School strives to meet the intellectual, social, and ethical challenges of living in a technological, global, and culturally diverse society.

### **Education Commission Members**

Deacon Tim White [twhite007@comcast.net](mailto:twhite007@comcast.net)

Bridget Stanislo [bstanislo@holyangelsschool.net](mailto:bstanislo@holyangelsschool.net)

Jeff Roberts [jeff.eroberts@yahoo.com](mailto:jeff.eroberts@yahoo.com)

Allison Kapitanoff [allison.hag@gmail.com](mailto:allison.hag@gmail.com)

Stephanie Hipp [hippsteph3@gmail.com](mailto:hippsteph3@gmail.com)

Nathan Powell [nathan.powell@countryfinancial.com](mailto:nathan.powell@countryfinancial.com)

Michael Minnihan [2minnihan@comcast.net](mailto:2minnihan@comcast.net)

Dominico Villalpando [dmgriffin4@aol.com](mailto:dmgriffin4@aol.com)

Becky Barr [beckyarbi@yahoo.com](mailto:beckyarbi@yahoo.com)

