

ECHOES OF ANGELS

Rooted in the Gospel of Jesus Christ...

Closure Extended

The statewide school closure has been extended until April 30.

Limited Office Hours

Please email me if you need something left at school (tforbes@holyangelschool.net).

Tuition Credits

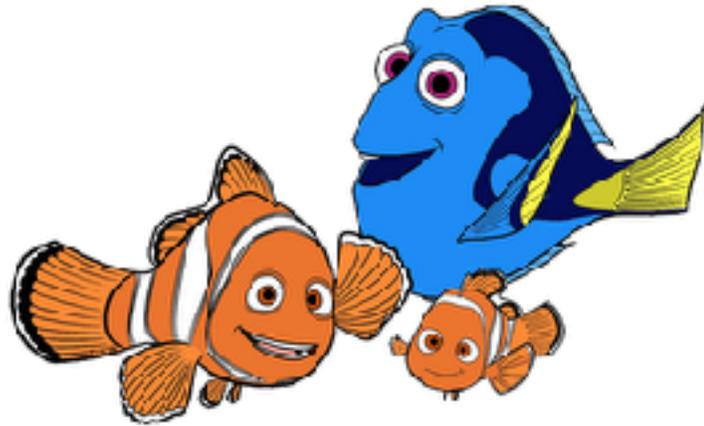
For anyone who sent in money for the Buffalo Wild Wings lunch or Sportsfest, we will issue you a credit on your tuition.

8th Grade Picture Retakes

For any 8th grader who did picture retakes, we will contact you when the proofs arrive.

Yearbook Orders

Yearbook orders are now due on **May 6**. If you are interested in ordering one, please mail a check to the school or drop your order in the Parish Center's mail slot.



“Just Keep Swimming...”

Hello Holy Angels Community:

We made it through another week together-apart. We are forbearing which is a great word! This means patient endurance. What a perfect thought as we pray during this Holy Week. It is the end of Lent which is the definition of forbearance in our lives.

Lent is a time that we become more self-disciplined...check. It is a time we resist temptation...check. It is a time to appreciate all that we have...check. And it is a time we become more mindful of other's needs...check. Look at all we have



Tuition

If you find yourself having difficulty making your final tuition payment, please contact Mrs. Sadowski. She will work with you.

Schoolspeak

Schoolspeak should be working properly. With so many emails being sent and received, please be sure that you don't hit REPLY ALL. You may not want everyone to see your communication with the teacher.

Free Books

[audible.com](https://www.audible.com) is offering a selection of free books for kids to listen to while school is closed.

Registration

Please use your Schoolspeak account to reregister for next year, if you haven't already done so.

Schoolbelles

Joining Schoolbelles email list has never been easier. Simply text the word Schoolbelles to 22828 to be notified of upcoming sales, store closures, extended hours and career opportunities.

accomplished **this** Lent to celebrate while we await the most important day for Christians....for us.

While our Holy Week does look different, embrace it. Have a sunrise prayer in your home on Easter Sunday. Decorate your home in white and gold and light candles and make paper flowers to hang. Celebrate Mass...on-line, of course, with Father Lavan and Father Smith. See... it's only a little bit different. Happy Easter to all!

Health:

1. When planning meals, be creative...theme night, budget night, no silverware night, cook breakfast on the grill night (or morning). The smell of breakfast cooking outside is glorious:) etc.
2. It's okay to cry...and don't judge others for it.
3. Continue to limit screen time. It's a great distraction but can be even more isolating.

E-Learning:

1. If having a strict schedule is causing stress change it up. Older students may prefer to do homework in the evening like before. If having no schedule is chaotic, set one up preferably with input from children.
2. Set time limits. Take breaks. Even the most intense gamers are getting tired of screen time. This goes for school work too. If your student is not doing any work or seems to be completely disengaged, reach out. There is help and I have some resources for seeking professional guidance.
3. For younger children-if sitting still is a problem, put a blanket on the floor to sit on and play "Red Hot Lava." This will buy you some time to read or teach for at least a few minutes. Of course you cannot step into the lava without a bridge to safety so they have to earn the bridge by listening or focusing.

Emotions:

1. Allow down time. Allow alone time. Check in with each other two times per week. At dinner, I just simply ask my family, "How is everyone doing?" This shows me where each person is and how they are coping. It gives an outlet to complain. Complaining shouldn't be every day. This can cause the negative emotions that are a given in our lives. It gives us a moment to commiserate, see if one of us needs support and to talk about hope. I find that we are never all "down" at the same time so we lift each other when we each have our feeling "down" day.
2. Turn off the news, it is depressing. Read the news. This shelters the children in your home from having a constant reminder of uncertainty. You also get to choose what

information you want to educate yourself with. This will lift your spirits as well.

Humor:

1. Make a quarantine bucket list. What are some things you want to accomplish before we are thrown back into being super busy? (Tasks, books, movies, puzzles, crafts) Schedule it in your calendar since most of our calendars are empty now.
2. My son's volleyball team at AU was given the assignment by their coach to document on video "a day in quarantine." Do this with your family and friends. It has been very humorous and something we look forward to each day. A different player was posted each day on instagram. It is also nice to see faces that we cannot see everyday and comforting to see them well.

"The Flower that blooms in adversity is the most rare and beautiful of all" -*Mulan*

Most of all, know that I am thinking of each of you and praying my heart out that you are well and embracing your situation the very best that you can.

Mrs. Panizzi
mpanizzi@holyanangelsschool.net

Office Depot 5% Back to Schools Program

With the increased printing that you may be doing at home, Office Depot has a program where you can donate 5% of your total sale to our school to be used towards free supplies for us. Holy Angels School ID for this is #70030133. Ordering online means that you will need to click that you want to donate, enter the school ID, and your 9-digit order number from the order confirmation. Every little bit helps!

In Gratitude

Almost a month ago with little advanced warning, we were thrown into the midst of trying to create a virtual learning experience for your children. Nowhere in our education to prepare to become teachers had we studied how to make this a reality. With ingenuity, perseverance, and a lot of tears, our teachers have risen to the challenge. I am indebted to them for all that they have accomplished. But I am also incredibly grateful to you parents by your response to our efforts. You encouraged us to focus on our strengths, praised us for all the things that worked, and gave us many extra chances to come up with a new approach for things that needed adjustment. Most importantly, you prayed for us because we are a part of your family.

It is a true honor to be the principal of Holy Angels. On behalf of the faculty and staff, we wish you a very Happy and Blessed Easter. May we see each other very soon!

Next Week at a Glance

Monday - Spring Break - No E-Learning Activities

Tuesday -

Wednesday -

Thursday -

Friday -

Common Catholic Questions

What are some Easter symbols and practices?

White and Gold

Instead of the violet purple tones that we see used during Lent, symbolic of mourning, suffering, humility, regret, and penance, in Easter we see white and gold. These colors are used in the priests' vestments and throughout our parish churches. The bright and joyous tones of gold and white are colors associated with the Resurrection and with life and light. Gold is a precious metal we often associate with God and with heaven.

ALLELUIA!

During the Easter season, we begin to sing "Alleluia!" again. The word *alleluia*, which has been omitted from liturgical celebrations during Lent, means "praise God." We will sing it again and again throughout the Easter season as we celebrate that Jesus has risen and has conquered sin and death. Bells ring in our celebrations of Mass as well.

Honoring Mary

This year, the Easter season will extend through the month of May. May is a special month of devotion to Mary, the Mother of the Son of God. We honor Mary and learn from her example as the greatest saint during the Easter season.

Signs of New Life

The Easter season coincides with the start of spring in the Northern hemisphere. During spring, signs of new life appear appearing in our in backyards and parks. Depending on the region or climate, many animals and insects return. Birds begin to call their spring songs. Spring flowers bloom. Spring flowers, particularly the fragrant lily, are used in many churches as part of the liturgical environment for Easter. We use our senses to observe and experience these signs of new life as the Easter season begins—both within our parishes and without. (Sadlier)

Mass Times:

Saturdays 4:30

Sundays 6:45, 8:00 (Extraordinary Form, Latin, 1st & 3rd Sundays), 9:30, 11:00

Confession Times:

Sunday after 9:30 Mass

Tuesday after 8:00 Mass

Wednesday 6:30 PM - 7:00 PM

Friday after 6:30 AM Mass

Saturday after 8:15 Mass and 3:15 PM - 4:00 PM

Mission Statement

Rooted in the Gospel of Jesus Christ, Holy Angels School is committed to spiritual formation, which nurtures the Catholic faith and inspires its practice. It is committed to academic excellence, which fosters the growth of each individual. Holy Angels School strives to meet the intellectual, social, and ethical challenges of living in a technological, global, and culturally diverse society.

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